



(Research on Lifestyles, Values and Environment)
UNIVERSITY OF SURREY, Guildford, Surrey GU2 7XH

FORTHCOMING SEMINAR

Wednesday
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45b AZ 04
University of Surrey

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Wellbeing and the Natural Environment: The impact of green spaces on wellbeing

'Wellbeing' is receiving much attention by academics, policymakers and practitioners in the UK and abroad. Yet, little is understood about the wellbeing benefits of the natural environment within the wellbeing literature. This presentation provides an overview of the main literature exploring the links between wellbeing and the natural environment, with a particular focus on contact with green spaces. It reviews how useful the millennium ecosystem assessment approach is for distinguishing the wellbeing benefits of green spaces and presents an alternative approach as a starting point.

This is based on a report written for Defra whilst on ESRC fellowship placement within the Sustainable Development Unit working on wellbeing focused policy, and the Wellbeing in Developing Countries ESRC research group.

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